

Wellbeing Groups Schedule: 02/09/24 – 06/09/24

<p><b>Mon</b> 2nd</p>	<p><b>14:30-16:00</b></p>	<p><b>Singing Back The Memories - Northfleet</b> St Botolph's Church Hall</p>
<p><b>Tue</b> 3rd</p>	<p><b>10:30-12:30</b></p>	<p><b>West Kingsdown Memory Cafe</b> West Kingsdown Village Hall</p>
	<p><b>18:30-20:30</b></p>	<p><b>Kindred Spirits - Dartford</b> (invite only) The Dartford Sports Bar, Spital Street</p>
<p><b>Wed</b> 4th</p>	<p><b>10:30-12:30</b></p>	<p><b>Swanley Peer Support</b> St Peters Church</p>
	<p><b>13:30-15:30</b></p>	<p><b>Arts &amp; Crafts - Dartford</b> Temple Hill Community Centre</p>
<p><b>Thu</b> 5th</p>	<p><b>10:30-12:00</b></p>	<p><b>Singing Back The Memories - Sittingbourne</b> The Avenue Theatre</p>
	<p><b>10:30-12:30</b></p>	<p><b>Guru Nanak Memory Cafe</b> Guru Nanak Wellbeing Centre</p>
	<p><b>12:30-14:30</b></p>	<p><b>Carers Support - Meopham</b> Bartellas, Wrotham Rd, Meopham,</p>
	<p><b>13:30-15:00</b></p>	<p><b>Singing Back The Memories - Faversham,</b> Age UK, The Old Fire Station</p>
<p><b>Fri</b> 6th</p>	<p><b>11:30-13:00</b></p>	<p><b>Singing Back The Memories - Swanley</b> St Peter's Church</p>
	<p><b>14:00-14:45</b></p>	<p><b>Chair Fit</b> Cyclopark</p>