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| **Role Title: Befriender** | **Responsible to: Befriending Coordinator** |
| Where (Location): | To provide 1:1 Befriending to an allocated person within Gravesham, Dartford and Swanley |
| Time commitment: | 2-3 hours per week /fortnight |
| Role: | To befriend an adult with dementia or their carer, to improve their self-confidence, emotional health and wellbeing, reducing their social isolation and promote their independence. |
| Responsibilities: | * To visit a person with whom you have been matched, building a relationship of friendship and trust
* To give the person some company and companionship in their own home
* To complete a visit sheet after each visit and to participate in regular supervision with the Befriending Coordinator
* To liaise, at times, with organisation name staff or other agencies as appropriate
* To uphold organisation name core principles, vision, culture and values and abide by the policies and procedures as per the volunteer handbook
* If a person needs more support the volunteer should report this to the Volunteer Coordinator (when needs change)
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| Qualities and Skills required | * To be reliable and have a genuine interest in the desire to make a difference in the lives of people with dementia
* Good communication skills
* Patience and a warm and friendly attitude
* The ability to speak another language is welcomed
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| Training and support  | * You will be required to attend the Befriending Induction training and participate in further training and/or networking events which may be offered.
* Ongoing support and supervision will be given by the Befriending coordinator either in person or via skype/telephone.
* Regular reviews will take place and an opportunity given for peer support through networking events with other Befrienders
* Regular newsletters, updates and news from the Befriending Service will be sent to you by email
* Reimbursement of out of pocket expenses such as mileage or public transport costs.
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| Any other Requirements | Due to the vulnerable nature of the people we support we will require two references and also DBS checks. Further details will be discussed with you at recruitment. |