



# *Alzheimer's & Dementia*

S U P P O R T   S E R V I C E S

## FREE MEMORY CAFÉS

### West Kingsdown

Kingswood Court  
TN15 6LN  
1st Tuesday  
of the Month  
10am - 12pm

### Hartley

Wellfield Community  
Hall  
DA3 7EG  
1st Thursday  
of the Month  
10am - 12pm

### Swanley

White Oak Court  
BR8 7WF  
2nd Friday  
of the month  
2pm - 4pm

### Meopham

St John's Church Hall  
DA13 0AA  
3rd Tuesday  
of the month  
10am - 12pm

### Dartford

The Orchard Shopping  
Centre  
DA1 1DU  
3rd Wednesday  
of the month  
10am - 12pm

### Gravesend

The Woodville Halls  
DA12 1AU  
4th Wednesday  
of the month  
10:30am - 12:30pm

Living well with Dementia, Practical Information, Refreshments  
Chance to relax in a safe environment

**01474 533 990**

January 2018	
W/Kingsdown	Tue 2 <sup>nd</sup>
Hartley	Thu 4 <sup>th</sup>
Swanley	Fri 12 <sup>th</sup>
Meopham	Tue 16 <sup>th</sup>
Dartford	Wed 17 <sup>th</sup>
Gravesend	Wed 24 <sup>th</sup>

February 2018	
W/Kingsdown	Tue 6 <sup>th</sup>
Hartley	Thu 1 <sup>st</sup>
Swanley	Fri 9 <sup>th</sup>
Meopham	Tue 20 <sup>th</sup>
Dartford	Wed 21 <sup>st</sup>
Gravesend	Wed 28 <sup>th</sup>

March 2018	
W/Kingsdown	Tue 6 <sup>th</sup>
Hartley	Thu 1 <sup>st</sup>
Swanley	Fri 9 <sup>th</sup>
Meopham	Tue 20 <sup>th</sup>
Dartford	Wed 21 <sup>st</sup>
Gravesend	Wed 28 <sup>th</sup>

April 2018	
W/Kingsdown	Tue 3 <sup>rd</sup>
Hartley	Thu 5 <sup>th</sup>
Swanley	Fri 13 <sup>th</sup>
Meopham	Tue 17 <sup>th</sup>
Dartford	Wed 18 <sup>th</sup>
Gravesend	Wed 25 <sup>th</sup>

May 2018	
W/Kingsdown	Tue 1 <sup>st</sup>
Hartley	Thu 3 <sup>rd</sup>
Swanley	Fri 11 <sup>th</sup>
Meopham	Tue 15 <sup>th</sup>
Dartford	Wed 16 <sup>th</sup>
Gravesend	Wed 23 <sup>rd</sup>

June 2018	
W/Kingsdown	Tue 5 <sup>th</sup>
Hartley	Thu 7 <sup>th</sup>
Swanley	Fri 8 <sup>th</sup>
Meopham	Tue 19 <sup>th</sup>
Dartford	Wed 20 <sup>th</sup>
Gravesend	Wed 27 <sup>th</sup>

July 2018	
W/Kingsdown	Tue 3 <sup>rd</sup>
Hartley	Thu 5 <sup>th</sup>
Swanley	Fri 13 <sup>th</sup>
Meopham	Tue 17 <sup>th</sup>
Dartford	Wed 18 <sup>th</sup>
Gravesend	Wed 25 <sup>th</sup>

August 2018	
W/Kingsdown	Tue 7 <sup>th</sup>
Hartley	Thu 2 <sup>nd</sup>
Swanley	Fri 10 <sup>th</sup>
Meopham	Tue 21 <sup>st</sup>
Dartford	Wed 15 <sup>th</sup>
Gravesend	Wed 22 <sup>nd</sup>

September 2018	
W/Kingsdown	Tue 4 <sup>th</sup>
Hartley	Thu 6 <sup>th</sup>
Swanley	Fri 14 <sup>th</sup>
Meopham	Tue 18 <sup>th</sup>
Dartford	Wed 19 <sup>th</sup>
Gravesend	Wed 26 <sup>th</sup>

October 2018	
W/Kingsdown	Tue 2 <sup>nd</sup>
Hartley	Thu 4 <sup>th</sup>
Swanley	Fri 12 <sup>th</sup>
Meopham	Tue 16 <sup>th</sup>
Dartford	Wed 17 <sup>th</sup>
Gravesend	Wed 24 <sup>th</sup>

November 2018	
W/Kingsdown	Tue 6 <sup>th</sup>
Hartley	Thu 1 <sup>st</sup>
Swanley	Fri 9 <sup>th</sup>
Meopham	Tue 20 <sup>th</sup>
Dartford	Wed 21 <sup>st</sup>
Gravesend	Wed 28 <sup>th</sup>

December 2018	
W/Kingsdown	Tue 4 <sup>th</sup>
Hartley	Thu 6 <sup>th</sup>
Swanley	Fri 14 <sup>th</sup>
Meopham	Tue 18 <sup>th</sup>
Dartford	Wed 19 <sup>th</sup>
Gravesend	CLOSED