

What's been happening this month:

- Sponsored Abseil
- The Queen's Street Party
- Fundraising Frenzy
- Host for the Hub
- News Update

A Special Day for Day Care

By Lynne Lidstone

On Thursday 9th June our day care clients at Garden Lodge were kindly invited, by Abbeyfields Care Home, to visit them.

The reason for this invitation was a beautiful pony called Frankie. Abbeyfield were being visited by Frankie, a very special therapy pony. She is normally joined by a Shetland pony but her owner told us that apparently the pony was behaving 'like a stroppy teenager at the moment' and can't be trusted, unlike the lovely placid Frankie, the beautiful white pony with pink sparkly hooves.



The lovely Frankie enjoying a fuss from our day care clients.

We were very grateful that Abbeyfields invited us to this event which was enjoyed by our clients and staff.



The lovely Frankie enjoying a fuss from our day care clients.

Our clients loved petting her and she seemed to enjoy the fuss. The ponies are usually hired out for children's parties where they can be drawn on by the children. They use special chalks that are washable, so all the children can draw pretty pictures on them. The fee for the hire is what enables the owner to take the ponies to charities and good causes.



Angela couldn't resist her own little hug from Frankie.

Help Needed!



Garden Lodge are looking to book a entertainment package on a regular basis. Previous entertainers have included singing groups, exercise teachers, magicians etc.



Matthew McDermot performing for us back in December.

We are now looking for something new and exciting for our clients to enjoy. If you know anyone who you think would be great at entertaining our clients then please get them to give us a call. Alternatively if you are part of a group that could perform for us please come and speak to Lynne or Lynda.

Appeal for Fancy Dress

Garden Lodge are also on the look out for posh hats and feather boas for our race days. If you have any old wedding or fancy hats please get in touch with Lynne Lidstone 01474 533990.

Issue 17

In this issue:

Sponsored Abseil	2
The Queens Street Party	3
CEO Thoughts	5

Sponsored Abseil

By Angela Farrell

On Sunday 5th June 2016 at 2pm, a group of 12 brave fundraisers stood in bright sunshine outside Midhurst Court; a block of flats located in Maidstone. The 130ft building was to be the stage for the sponsored abseil in support of Alzheimer's and Dementia Support Services. The event is run by the Kent Messenger charity team, who set up and organise a number of events throughout the year, this being one of them, another being the KM Assault Course challenge completed by Alzheimer's and Dementia Support Services fundraisers back in October.

It was absolutely fantastic, everyone had their very own cheer leading team of supporters who came and cheered us all on. Adrenalin, increased pulse, nervous laughter and beaming grins were on the agenda for the day. We managed to raise the grand total of £2997. A special thank you goes out to Margaret Kirby who at 73yrs of age, completed the abseil like a pro and single handedly raised over £800 for us. She would like to say a thank you to all those who sponsored her.

A final big thank you going out to all of my brave team Brenda Langford, Margaret Kirby, Daniel Andrews, Eleanor House, Tracy Coyle, Theresa Farrell, Holly Cooper, Jesse Taylor, Kay Walsh, Natalie Bayes, Kris Healey.

I hope we can replicate the same amount of enthusiasm next year and have even more participants. If you have a head for heights and want to tick it off your bucket list please contact me.



Don't look down



The Abseiling Team

Training is Underway!



With just under a month to go before the Prudential Ride London Cycle our four riders are doing really well with their training. Pictured are Danny Hills, Gary Adam, Philip Raymond and David Thomas on one of their many training sessions together!

We all want to wish you the best of luck for 31st July! See you at the finish line!

Fundraising Frenzy

By Angela Farrell

June has been a very successful month of fundraising with our sponsored abseil, a tea party, a ladies night, a strawberry tea and a 400mile cycling challenge.

As part of our 'Host for the Hub Scheme' we have had two events held in support of us. Hillary Jones hosted a Strawberry Tea for us and raised £82.



Hillary presenting Angela with her cheque.

£500 was also raised when Mr and Mrs Shelton held a Lady's night for the Hub in the Masonic Halls in Chatham.



Mr and Mrs Shelton visited Day Care to present us with their £500 cheque.

4 Countries, 4 days, 400miles, this is what Sue Marks has rode in support of Alzheimer's and Dementia Support Services. Sue has currently raised over £1,200 for us. Thank You!



Sandy presenting our CEO Liz Jewell with her cheque.

A huge thank you also needs to be said to Sandy Barden. Sandy holds an annual tea dance for us every year and this year she managed to raise a whopping £1,500 for us. Thank you so much Sandy for your continued support of Alzheimer's and Dementia Support Services.

The Queen's Street Party

By Ross Mullis

I went along to the Street Party to celebrate the Queens 90th birthday on Sunday 12th June with my wife, which was put on by the Ash Green Scout Group for our Hartley Memory Café and others. The event was ticket admission only, and the Scouts had given all 100 tickets away to those that showed an interest.



Hartley Choir

The admission included raffle tickets and a limited addition badge, made by the Scouts. There was a fantastic turn out, and they were treated to some great entertainment, from the Local Vocals, a 100+ strong Hartley-based singing choir and well-known Jazz singer Shane Hampshire.



Some of the scouts, also providing entertainment for us all.

I would like to thank the Ash Green Scouts and Peter Lewis, the lead in charge of the 170 strong Scout Group, for the whole event right down to the decorations, drinks, sandwiches, cakes, scones and entertain-



The scouts singing for us

ment.

The scouts worked for several months to raise the £1000 to fund the party, which was completely free as part of their work on the UK Scouts "A Million Hands" project.

There was also some fantastic support from local businesses with support financially and in providing services, without their support the Scouts could not have done it on their own.

My wife ended up with a lovely table arrangement and some balloons to end our day.



Alzheimer's & Dementia

S U P P O R T S E R V I C E S

Charity begins at home?



Host for the Hub!

This year our Charity will take over fantastic new premises, which will be used to improve services and provide more much needed resources for our clients.

But we need you!

Can you help your local community Charity, by hosting an event to raise much needed funds for our new Hub?

Can you host a Tea party, Coffee Morning, Cake sale, Plant sale, Craft sale, Bingo night, Karaoke night, Murder Mystery night, Dinner party, Cream Tea, Garden party, Movie night, Soiree, Rendezvous, Bake off, Cheese and wine, Euro 2016 Party, Eurovision Night, Olympics Wine-athon, Walk with Friends, Sponsored silence, skip, eat, drink, dance, or anything. You get the idea.

Raise funds for Alzheimer's and Dementia Support Services

Please contact Angela 01474 533990 or 07779 964984

CEO's Thoughts

By Liz Jewell



Dear all there are a number of things I need to update you on:-

- Building work will start on Safe Harbour on Monday 11th July. It will last for just over one month and we hope to start to move in at the beginning of September.
- We will be interviewing for the Finance Manager and Chief Operating Manager on Monday 4th July.
- The CQC Registered Manager position has been short listed and interviews will take place on Monday 18th July.
- Admiral Nurse – we are re-advertising and this time are starting to get some interest so fingers crossed we will be successful in appointing someone.
- We are constantly recruiting for Care workers and seniors – please promote this opportunity wherever you can.
- CQC Inspection – I hope you are all aware that we have just had a two day comprehensive inspection with CQC. The feedback overall seemed pretty positive and the areas that were identified as needing additional attention were areas we were already aware of and trying to address. The whole team - each individual - contributed to this process and each of you can take pride in all the positive things identified. We are a caring organisation and we do continuously try to put the needs of our clients first. We have an amazing team of care workers who translate person centred care into a reality. Well done! - for as successful inspection as we could have hoped for at this

time. We won't get the final report for about two months.



- Care workers contracts – Carol Best started the process of moving those staff who were interested from zero contracts to contracted hours. This work will continue and we hope to be issuing contracts to staff in the next few months.



- We have been shortlisted – down to the final 3 by Southern Water to be the charity they support. The final stage is to present to them on Monday 11th July and if we are successful they will adopt us. This would be an amazing boost to the charity if we were successful – so keep everything crossed until you hear!

I want to end by thanking everyone's hard work over the last month or so. It really has made a huge difference



A Warm Welcome

Tracey Ali-Bassan joined our team mid-May but spent her first weeks learning the ropes at Medway Maritime Hospital, where she will be helping to support the Buddy Scheme. Tracey will now be splitting her time between the hospital and the Client Liaison team and will spend the next couple of weeks visiting our services and meeting our clients.

Nominations



Mandy Tehara would like to nominate **Rose Tunbridge**, over the last few weeks Rose has gone above and beyond in covering a large number of care calls when availability was very limited.

Lynne Lidstone would like to nominate **Sharon Taylor**. She has made such a difference and keeps our day centre looking so nice for our guests. She was asked to undertake extra sessions in the office and had a real deep clean on the Safe Harbour premises which she cancelled holidays to do for us.

Liz Jewell would like to nominate **Tom Hawkwood** for identifying additional needs of a client and then pursuing them until a solution was found and put in place. Thank You to you!

Notices

Janet Green has nominated Alzheimer's and Dementia Support Services to be the charity for the month of August's boot fair, being held at the Emmanuel Baptist church in the first week in August. Janet will also be manning her own stall with all proceeds going to us. If anyone has anything suitable for her stall e.g. Books, DVD's, bric a brac etc. (no clothing allowed) please bring them into Day Care before the end of July.

To nominate send an email to me liz.jewell@alz-dem.org or kris.healey@alz-dem.org.

July Memory Cafés

Tuesday 5th July 10am: West Kingsdown

Thursday 7th July 10am: Hartley

Friday 8th July 2pm: Swanley

Tuesday 19th July 10am: Meopham

Wednesday 20th July 10am: Dartford

Wednesday 27th July 11am: Gravesend



July Carers Support Groups

Meopham: Tuesday 5th July, Tuesday 12th July and Tuesday 26th July

Swanley: Friday 1st July, Friday 15th July, Friday 22nd July and Friday 29th July

Gravesend: Thursday 7th July, Thursday 14th July, Thursday 21st July and Thursday 28th July

Farningham: Wednesday 6th July

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Alzheimer's & Dementia
SUPPORT SERVICES
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